

Suggested Minimum Equipment:

All these items can be bought on Amazon, however subpar fakes are common, especially in the case of the CAT tourniquet. Therefore, I recommend you purchase directly from the manufacturer not Amazon to be certain that you are getting genuine equipment that will not fail.

Everyday ON BODY carry

1. Firearm
 - A. Mini – Glock model 43
 - B. Small – Glock model 43X
 - C. Medium – Glock model 19
 - D. Large – Glock model 45 or model 17
2. Zero cant kydex holster that covers the trigger guard
3. Spare magazine in a kydex holster
4. Tourniquet
 - A. Mini – SWAT-T – H&H Medical
 - B. Small – RATS – Rats Medical / TK4L
 - C. Medium – SOF Gen 4 – Tactical Medical Solutions
 - D. Large – CAT Gen 7 – North American Rescue
5. Pocket flashlight
 - A. Mini - Surefire Sidekick
 - B. Small – Surefire Stiletto
6. Folding pocketknife

IFAK – Custom kit (recommended)

1. Olas Modular Bandage 6” or the flat-fold 4” model if space is an issue
2. Nasopharyngeal Airway – Size 28/9.3mm
3. CAT Gen 7 tourniquet
4. Trauma Shears
5. Nitrile gloves
6. Any pouch or method of containing these items that works for you

IFAK - “Turn-key” kit

1. Blue Force Gear Micro Trauma Kit NOW! with the Advanced Trauma Kit Supplies
2. Blue Force Gear Tourniquet NOW! Pouch
3. CAT Gen 7 tourniquet
4. Trauma Shears